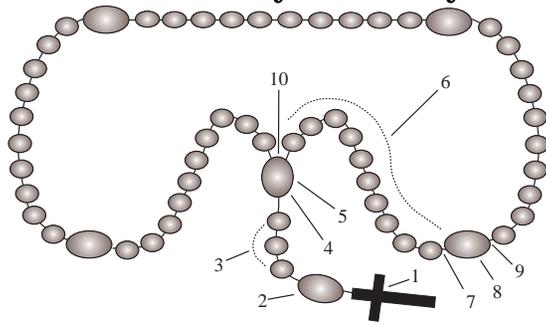


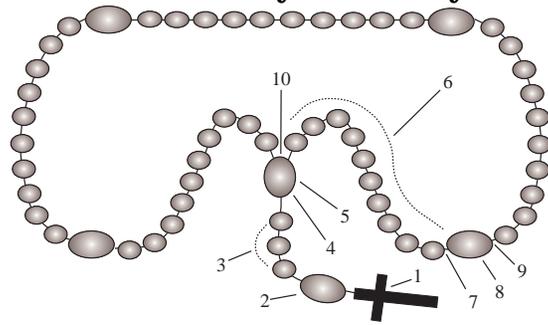
## How to Pray the Rosary



1. Make the Sign of the Cross and say the "Apostles' Creed".
2. Say the "Our Father".
3. Say three "Hail Mary's".
4. Say the "Glory Be to the Father".
5. Announce the First Mystery; then say the "Our Father".
6. Say ten "Hail Mary's" while meditating on the Mystery.
7. Say the "Glory Be to the Father".
8. After each decade say the following prayer requested by the Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to Heaven, especially those who are in most need of thy mercy."
9. Announce the Second Mystery: then say the "Our Father."  
Repeat 6,7 and 8 and continue with the Third, Fourth and Fifth Mysteries in the same manner.
10. Say the "Hail, Holy Queen" after the five decades are completed.
11. Generally, the Joyful Mysteries are said on Mondays and Thursdays; the Sorrowful Mysteries on Tuesdays and Fridays, and the Glorious Mysteries on Wednesdays and Saturdays. Depending on the season, each of the Mysteries is recommended for Sundays.

**Note:** When the rosary is said aloud by two or more persons, one person is the leader. He says the first part of the prayer (up to the italics\*). Everyone else answers by saying the remainder of the prayer. The *O My Jesus* and *Hail, Holy Queen* are said by all together.

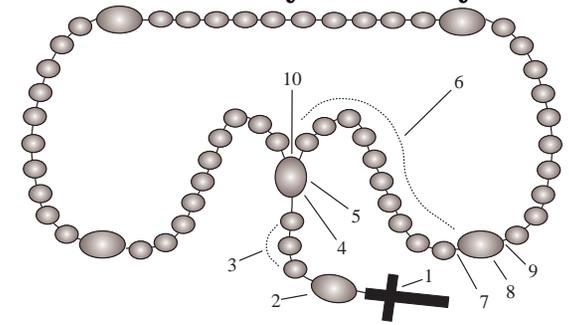
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## Prayers of the Rosary

### THE SIGN OF THE CROSS -

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### THE APOSTLES' CREED -

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell, the third day he arose again from the dead; he ascended into heaven; sits at the right hand of God the Father Almighty; from thence he shall come to judge the living and the dead. *\*I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting.* AMEN

### OUR FATHER -

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. *\* Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil.* AMEN

### HAIL MARY -

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. *\* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.* AMEN

### GLORY BE TO THE FATHER -

Glory be to the Father, and to the Son, and to the Holy Spirit. *\* As it was in the beginning, is now, and ever shall be, world without end.* AMEN.

### HAIL, HOLY QUEEN -

Hail Holy Queen, Mother of mercy, our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears; turn then, most gracious Advocate thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

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